

# What is....

## In-Kind



Parent/Guardian-Child activities are in-kind contributions.  
Examples of activities in these categories may include:

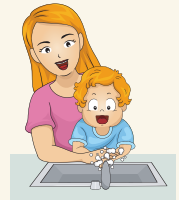
### 1 Social-Emotional Development

family mealtime, reading books about feelings, pretend play, getting along and self-help skills, focusing and staying on task.



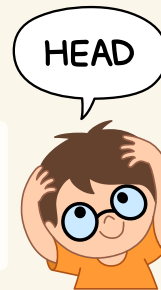
### 2 Health, Nutrition & Safety

talk & practice handwashing, nasal hygiene, tooth brushing, weather safety discussion/drills, fire safety/drills



### 3 Cognitive Development

focus on name, sort, match and count objects in the home; name and repeat beginning letter sounds or familiar words



### 4 Gross Motor Development

sitting up, crawling, standing/walking, balance, climb, roll, throw or kick a ball



### 5 Fine Motor Development

tummy time, tying shoes, using writing and painting materials, puzzles, play-dough, blocks

